**REMEDIES OF YOUTH UNREST:**

* Reformation of education system: The present education system must be reformed to help students in facing real life situations. There should be vast and extensive and reality based educational planning and importance should be laid on helping students to be economically independent after completion of educational life. Besides, educational institutions should also provide adequate opportunities to students based on their interests.
* Removing economic difficulties: For reducing youth unrest, government should give importance on removing economic difficulties of common people. Initiatives must be taken for introducing proper scholarship schemes, educational loans, and hostel facilities to the poor and needy students. Steps can also be taken for vocationalization of education.
* Employment opportunities: As unemployment problem fuels the process of youth unrest, so opportunities must be given to students for studying agriculture, science, commerce, engineering, business, management and the like. The sense of self dependence must be inculcated among students and encourage them to get engaged in small business.
* Provision for leisure time activities: Importance must also be laid on using the leisure time of students for creative and constructive activities. In the educational institutions, leisure time activities like stamp collection, photography, music, art and swimming must be introduced. Literary activities should also be organized from time to time in the educational premises.
* Role of political parties: Students must be politically aware but they should not involve themselves in political activities as these kinds of engagements sometimes deteriorate the educational environment of schools and colleges. Therefore, as far as possible, the political parties must be kept outside the educational institutions.
* Discipline: Self discipline should be imposed among students as it helps them in the long run. In this matter, teachers should play a very important role for developing the sense of discipline among students.
* **Leadership programmes:** Under the guidance of teachers leadership training programmes can also be organized in educational institutions. As students need abled and skilled leadership at present time, hence it is very important to train them in such aspects.
* **Proper communication between teachers and students:** There must be a proper and mutual relationship between teachers and students. Teachers should function as friend, philosopher and guide for the students.
* **Inclusion of moral values in the syllabus:** From a very young stage of education, the subject of moral science must be included in the curriculum. Students must be taught to tackle different problems that come in their way and avoid aggression to the extent possible.
* **Counselling programme:** If the students of particular institution frequently engage themselves in activism and revolts, then it is the responsibility of educational institutions to organize counselling programmes for the students. Expert counsellors should be invited to educational institution to interact with the students and guide them for overcoming problem situation.