

Spills, waste and linen.

How can we maintain env'tal hygiene?

- 1) Hand hygiene, such as washing your hands.
- 2) Covering your nose & mouth when coughing.
- 3) Having good personal hygiene yourself.
- 4) Making sure you provide the older adult with good personal hygiene.
- 5) Using proper food preparation & storing food.
- 6) Keeping dishes & utensils clean.

Why is environmental health is important?

⇒ Maintaining a healthy env't. is central to increasing quality of life and years of healthy life. Globally 23% of all deaths and 26% of deaths among children under age-5 are due to preventable environmental factors. ~~Env'tal factors are diverse & far reaching.~~

Understanding Environmental Health —

- 1) Outdoor Air Quality,
- 2) Surface & Ground Water,
- 3) Homes & Communities.